

Siobhan Reilly Pilates

SUMMERLIN · LAS VEGAS

CERTIFICATION PROGRAM

# Pilates Cadillac

*Teacher training*

COMPREHENSIVE CERTIFICATION



- **Earn your certification** on the Pilates Cadillac and tower
- The full Cadillac repertoire: push-through bar, roll-down bar, leg and arm springs, and trapeze
- Spring resistance, safe apparatus setup, and studio handling
- Anatomy, biomechanics, and modifications for special populations
- Small group, hands-on training across two weekends
- Led by **Siobhan Reilly**, author of the Pilates Tower training manuals

TRAINING WEEKENDS

WEEKEND ONE  
**June 20 – 21**

WEEKEND TWO  
**July 11 – 12**

**Siobhan Reilly** · over 20 years of classical and contemporary Pilates

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COURSE INVESTMENT

**\$2,200**

LIMITED SPOTS